



Name: \_\_\_\_\_

Form: \_\_\_\_\_

# 5Cs

# Passport

***“Growing through participating, helping others  
& learning about ourselves and each other”***

## Core Values

**Character** – We have respect, integrity, loyalty, high expectations and resilience. We believe the differences amongst us make us even stronger.

**Confidence** – We trust ourselves and each other, we relish taking calculated risks, we understand honest mistakes occur and learn from them together.

**Creativity** – We enjoy working together designing, creating and reflecting upon solutions, including how to improve ourselves and each other in so doing making our Academy a truly inspiring place.

**Community** – We use our shared values to understand each other, to do the right thing and enable everyone to feel valued and play their part in growing our vibrant community of exceptional people.

**Contributing** – We grow through engaging, helping and supporting others; participating in positive causes that make a difference to ourselves and others.

## **Introduction**

### **Aims of the 5Cs Passport:**

All members of our community engage in activities, learning and volunteering beyond lessons, either at Hazeley or in the local community. We can all articulate with enthusiasm the benefits of this.

### **Benefits?**

- **Self Confidence** –  
Doing something worthwhile/kind that is valued by others builds self-esteem.
- **Making a difference** –  
Knowing that you are helping others can be a great reward in itself.
- **Community Cohesion** –  
Being accepted as part of a group with clear links to the wider community.
- **New Friends** –  
Getting to know yourself and others.
- **New Skills** –  
Doing something new helps you to develop new skills and interests, which is both useful and fun.
- **Building your CV** –  
Employers often look positively on those that volunteer.
- **Being active** –  
Many participating and volunteering roles involve being physically, socially or mentally active, all of these are great for getting to know yourself and for physical and mental health and happiness.
- **Happiness** –  
Self-confidence, being connected to others, learning new skills, working towards future achievements all build happiness.



## How the 5Cs Passport works

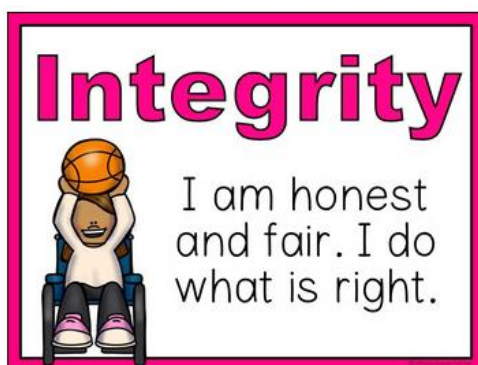
You work with your teachers and parents to plan how you will collect stamps in each of the sections. When you complete a session or show that you are able to perform a skill you will receive a stamp. If you have gone above and beyond them you may be awarded a red stamp.

As you complete a section you will be awarded a certificate.

This may be at **pass, merit or distinction level**.



When you complete all of the sections you are awarded your graduation award this will be at may be at pass, merit or distinction level depending on how well you did in each of the sections.



## Evidence upload

For some tasks you can attach photos or files to the document in Onenote

You may need to provide a simple date and person we could contact if we wanted to check

Your teachers will fill some in as you will complete them in class

## Volunteering

What volunteering can I do?

Here are a few examples, but there are many more you could do,

Add your own examples in the blank spaces provided

To get a Stamp, you need to provide:

The date and name of who could confirm you did the task

Help out in the library	Offer to do a litter pick	Help family with housework	Take part in a charity fun run	Visit a nursing home
Help out with a fundraiser	Help out younger students	Offer to clean the car	Offer to collect books at the end of a lesson	Help out at a charity event
Donate old toys to a charity shop	Collect old books for a book sale			

**Pass = 10**

**Merit = 20**

**Distinction = 25**

## **Extra-Curricular**

What extra curricular activities or clubs have you been to or are a member of?

This can be in school and out of school?

E.g Chess club, students council, sports teams, cooking club etc

To get a Stamp, you need to provide:

The date and name of who could confirm you did the task


**Pass = 10**

**Merit = 15**

**Distinction = 20**

## Life Survival Skills including First aid

You will complete these tasks in your school lessons

Be sure to get a stamp on each skill you complete

Use a compass directions on a map	To be able to set up a tent competently with minimal teacher involvement	To be able to recognise and treat someone who is having an <b>allergic reaction</b>	Cook a meal for other people that includes 3 fresh vegetables	Help with the weekly shopping
Have a working knowledge of conventional signs	Identifying OS Map symbols	To be able to recognise and treat someone who is having an <b>Asthma attack</b>	Mow a lawn or do an hours gardening	Use public transport or walk/ cycle to school
Measure distance on a map	Reading 4 figure grid references	Be able to perform <b>Basic life support</b>	Do the weekly clothes wash	Find out all of the bills that need paying to run your home for a year
Understanding contour lines	Reading 6 figure grid references	Understand how to manage a casualty who is <b>bleeding</b>	Wash up after a meal	Research the cheapest energy provider for your family
Understand how to talk to someone who has an injury	To confidently complete the Hazeley trail walk	To treat a person who is <b>choking</b>	Iron a shirt or other item of clothing	Wash a car
Understand when it is essential to dial emergency services and when not to	Be able to prepare a basic meal on a Trangia (soup).	To be able to recognise and treat someone who has a <b>head injury/concussion</b>	Dust and vacuum the house	Go for a 6 minute jog to help your fitness

**Pass = 15**

**Merit = 20**

**Distinction = 25**

## Careers

You should complete the following tasks with your tutor during form time or at home.

Log an activity on UNIFROG	
Complete an apprenticeship search on UNIFROG	
Complete a university search on UNIFROG	
Complete a job search on UNIFROG	
Tell your form tutor about a job that you would like to do and the qualifications, skills and experiences you would need to do it	
Demonstrate good leadership skills in a Character lesson e.g. listening to others and supporting them with their ideas.	
Explain three times where you have shown an act of kindness e.g. helped someone when they were upset.	

**Pass = 3**

**Merit = 4**

**Distinction = 6**

## Metacognition Skills

You should collect 1 stamp from 3 different subjects

Name of subject →	Subject 1	Subject 2	Subject 3
I have made notes from the teacher's explanations that will help me in my independent work.			
I have identified topics linking to this work (evidencing this) that I need to revisit to help me with this concept.			
I have explained a <b>difficult</b> concept to support another pupil who is struggling.			
I have marked/self-assessed a piece of my own work making changes to it, to improve it.			
I have peer-assessed another student's work and created some questions for them, that will build on their knowledge of the concept.			
I have identified aspects of the task that went well and those that didn't and can explain why.			
I can explain what I would do differently next time.			

**Pass = 8**

**Merit = 14**

**Distinction = 20**



## Oracy

You should collect 1 stamp from 3 different subjects

Name of subject →	Subject 1	Subject 2	Subject 3
Plan, structure and organise a speech or presentation that will sustain the attention of your audience.			
Deliver a speech to at least six people, with evidence of considered body language, gesture and posture.			
Deliver a speech to at least six people, with evidence of appropriate, specialist vocabulary choices.			
Seek clarification through questioning, responding to questions from your teacher and your peers.			
Use feedback from your peers to critique, adjust and improve your own speech style.			
Show evidence of active listening and reflecting on other people's talks.			
Sustain a discussion for 6-10 minutes with minimal prompting from an adult.			
Show a clear understanding of discussion rules through peer and self-assessment.			

**Pass = 10**

**Merit = 15**

**Distinction = 20**

## House/School/Trust representation

Activity	Stamp

Pass = 4      Merit = 5      Distinction = 6

## Overview to be completed by Form Tutor and Parents Terms 5 & 6

Section	Level (P/M/D)	Points P=3 M=4 D= 5	Entered on Go4Schools
Volunteering			
Extra-curricular			
Life Skills including first aid			
Careers			
Metacognition Skills			
Oracy Skills			
House/School/Trust Representation			

Each section completed at a Pass is worth 3 points, sections completed at a Merit are worth 4 points and those at distinction are worth 5 points.

**Pass** = all sections must be completed at Pass level.

**Merit** = all sections completed for Merit level

**Distinction** = all sections completed for Distinction level