



# HOME LEARNING



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## Going Live

I'm thrilled to inform you that we will be launching live, online lessons this week. A number of teachers have volunteered to deliver live, online lessons to some classes via Microsoft Teams. I trialed a live lesson with my Year 10 students this week and it was great!

There are many considerations associated with online lessons: safeguarding of our students and staff is the number one priority. Also, things may go wrong – technology failure, conduct, data protection concerns... however, **Hazeley has never been a school to shy away from a challenge!**

I've attached detailed information about live lessons to this newsletter. Please take time to read this guidance with your child if they are invited to a live lesson.



## Parent Workshop 2 – Getting Your Child 'Unstuck'! From Miss Whiteman, Senior Deputy Principal

Our first parent workshop was a resounding success with over 100 families attending! Our second online parent workshop will take place on **Thursday 21<sup>st</sup> May at 5.30 p.m.** In this session we will be giving advice about how you can support your child to get 'unstuck' if they are finding some of their subjects a challenge. You can watch last week's [workshop here!](#)

If you would like to join the workshop, please email Miss Cooke, PA to the Principal, on the following email address [ecooke@thehazeleyacademy.com](mailto:ecooke@thehazeleyacademy.com) using email address that you will be dialling into the meeting on.

You will receive a confirmation email and then a Microsoft Teams invite on the day to sign in.



## Live Form Tutor Sessions From Mr Healy, Deputy Principal for Personalisation

We will be sharing more information soon about how form tutors will be arranging tutor sessions, along the same lines as live lessons. Maintaining relationships is important to us, so we want to provide opportunities for students to interact with their tutor and other tutees with a few fun activities. Three of our fabulous tutors will be trialling this next week: **Miss Huggan, Mrs Souza and Mrs Harrier-Wilson.**



## The Power of Boredom

'I'm boooooored!' is a phrase that echoes around the homes all over the country, filling parents and carers with dread! However, is boredom such a bad thing for our young people?! Here's why boredom can be a positive:

### It Will Help Avoid an Over Reliance on Technology.

Constant stimulation isn't healthy: spending too much time using technology and social media has been linked to depression and anxiety; poor academic performance, and poor sleep. Boredom can boost social and emotional skills.

### Boredom Can Boost Creativity.

Encourage your child to see boredom as an essential rest for the brain to help the mind to refresh and rejuvenate. Neurological research reports that daydreaming involves the same processes that govern imagination and creativity. Creativity has been cited as an essential skill for employees of the future.

### Discover New Hobbies & Interests.

Encourage your child to try new hobbies and interests. In using their extra energy to try a new activity, young people may develop new passions, skills and knowledge.

### Doing Nothing Can Help Cultivate Mindfulness.

Doing nothing is the key principle of mindfulness, the practice of focusing our awareness entirely on the present moment. Mindfulness has many benefits, including better sleep and emotional stability.

### Unplugging & Recharging Can Relieve Stress.

Significant technology use has been linked to stress, depression and fatigue in young adults. Unplugging from devices can relieve tension.



## Superb Distance Learning Points

Superb Distance Learning points are being awarded to all year groups and we are delighted that over 30 students have achieved their Bronze SDL Award already. It's fantastic to be able to email parents and students with this positive news in recognition of their hard work! Here is an update of the SDL points by year group and form group:

Form	Total	Rank	Form	Total	Rank	House	Total	Rank
7CA1	930	2	9CA1	710	1	Colossus	6665	1
7CA2	815	3	9CA2	510	8	Enigma	5255	4
7CS1	990	1	9CS1	560	7	Victory	5655	3
7CS2	545	7	9CS2	580	5	Cobra	5945	2
7CS3	700	5	9EA1	605	4			
7EA1	540	8	9EA2	570	6	6CA1	70	7
7EA2	590	6	9VY1	680	2	6CA2	60	9
7VY1	535	9	9VY2	660	3	6CA3	50	11
7VY2	715	4				6CS1	165	1
						6CS2	90	4
8CA1	705	1	10CA1	795	4	6CS3	115	3
8CA2	470	7	10CA2	760	6	6EA1	50	11
8CS1	520	6	10CS1	855	2	6EA2	90	4
8CS2	545	5	10CS2	820	3	6EA3	80	6
8EA1	590	2	10EA1	630	8	6VY1	120	2
8EA2	575	3	10EA2	790	5	6VY2	55	10
8VY1	420	8	10VY1	720	7	6VY3	65	8
8VY2	560	4	10VY2	1025	1			

## Focus on... Modern Foreign Languages

From Mr Ryan, Teacher of French and Spanish (also fluent in Russian!)

Something to Read:

[Parallel Texts](#) – Choose the language you speak and the one you would like to practice (French/Spanish). You'll see the text in the foreign language, and you can click to see what the English translation would be! Find Alice in Wonderland here in [French](#) and [Spanish](#).



Something to Watch:

Have a look at BBC iPlayer for six episodes of the [Hairy Bikers' Mediterranean Adventure](#), showcasing the food of Italy, France and Spain! Alternatively, you can have a look at [Simon Reeve's](#) travels around the Mediterranean, from Ceuta up to the Costa del Sol.

Something to Do:

- Why not play charades in French/Spanish? Pick 20 verbs in the language and take it in turns to act them out.
- Have any Post-its? Name objects in French/Spanish in the house and stick them on the object. Could you make it a competition? Quick dictionary skills needed!
- Find a French/Spanish song and learn the lyrics to it. You could video yourself and share it, or you could perform it to your family (or just to the cat). Or you could \*sigh\* make a Tiktok video using the song!



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## The Bright Ideas Challenge

What will cities look like in 2050? How will they be powered to be vibrant, healthy and clean places to live? The Bright Ideas Challenge, Shell's cross-curricular schools' competition, invites young people aged 11-14 to use their creativity, problem solving and STEM skills to devise innovative solutions that could power cities of the future. With fantastic STEM prizes up for grabs, there's every reason to think big! [Look here!](#)



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## The News Literacy Project



The News Literacy Project empowers students to learn the skills they need to become smart, active consumers of news and other information and engaged, informed participants in civic life. This is a vital skill in today's digital world. More information [here!](#)

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## Mental Health Awareness Week 18th -24th May 2020

All students have been given resources to support Mental Health Awareness Week and the theme this year is kindness. Kindness strengthens relationships, develops community and deepens solidarity. Kindness has been flourishing during the lockdown with communities pulling together to help each other. Kindness and mental health are deeply connected. Join in with Mental Health Awareness week by sharing your story or pictures (with permission) of kindness using #KindnessBLMK (Mind Bedfordshire, Luton and Milton Keynes). More info and [resources here!](#)



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## ... And Finally

Fear of the unknown stops us. I was certainly a little nervous before teaching my first online lesson! But pushing ourselves out of our comfort zones is actually helps us to overcome those fears, but it also allows us to expand our minds and learn—both about said new thing, and about ourselves. What new activities will we encourage our young people to try? Take care and, as always, stay safe.

Gemma Williamson

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