

Student Guide to Home Learning
The Hazeley Academy

It is important that you use your time at home to continue your learning. The expectation is that you will complete tasks, create revision resources and research topics for each of your subjects. You are not on holiday, other students will be working so it is essential that you do not fall behind.

What do I do?

1. Log onto Go4Schools at www.go4schools.com

Ensure that you log in using the student or parent platform. The button looks like this:



2. When you log on you will see the work that your teachers want you to complete under 'Homework'. It looks like this:

Homework, Amy O'Neill				
Upcoming homework				
Due	Subject	Title	Exp. compl. time	Set
Tue, 16 Dec	Science 10ND1/Scs,10ND1/Scb	Science task 1 View	45 min	Tue, 9 Dec by Mr Richardson
Fri, 19 Dec	Maths 10w/Ma4	Probability View	30 - 45 min	Fri, 10 Dec by Miss Smith
Tue, 23 Dec	Science 10ND1/Scs,10ND1/Scb	Science task 2 View	60 min	Tue, 9 Dec by Mr Richardson
Mon, 5 Jan	Biology 10TN/Bi	Biology Test View	45 - 60 min	Mon, 8 Dec by Mr Clarke
Wed, 7 Jan	English 10w/En1	Read Chapter 3 View	-	Wed, 10 Dec by Mr Abbey

3. When you complete the tasks, email your work to your teacher and let them know your progress. You can also email your teacher for feedback, extension work or to ask for help. Email contact details over leaf.

4. How do I work at home?

Set up an area where you can comfortably work, a desk or kitchen table would be perfect. You should work at home between the hours of 9.00am and 3.00pm, taking regular breaks. Your teachers will be online to support you during this time, email them. Vary the subjects you study. Email teachers for feedback and let them know your progress. It is absolutely essential that you have routine and stick to it. We recommend you follow this schedule:

8.00am - 9.00am	Rise and Shine! Get dressed and have breakfast!
9.00am - 10.00am	First Subject
10.00am - 11.00am	Second Subject
11.00am - 11.30am	Have a break! Listen to music, call a friend...etc
11.30am - 12.30pm	Third Subject
12.30pm - 1.30pm	Fourth Subject
1.30pm - 2.00pm	Lunch – Enjoy!
2.00pm - 3.00pm	Fifth Subject – Don't forget to email your teachers!

Help! I Can't Log On to Go4Schools or my school email!

1. Email ITS@thehazeleyacademy.com to receive support logging in to email.
2. Email data@thehazeleyacademy.com to receive support logging in to Go4Schools.
3. Email your teacher who will email you the work
4. Contact a friend / classmate and ask for the work

What Else Can I Do At Home?

- ✓ Read a non-fiction novel for pleasure. You could also listen to free audiobooks and podcasts.
- ✓ Make a range of revision resources for each of your subject. You could make:
 - Notecards
 - Mind maps
 - Videos or podcasts
 - Posters
 - Cornell Notes
 - Powerpoint Presentations
- ✓ Research a topic that you are interested in. You could explore your family tree or investigate an aspect of local history.
- ✓ Support your family by helping with tasks at home and keeping positive.

Researching Future Careers and Jobs

Unifrog - www.unifrog.org

You are able to access this from home - if you have forgotten your password, click the password reminder button. Use your home email not school email. If you are unsure of your career aspirations, use the **careers library** or **subject library** to read about different careers. You will find information about the subjects you will need, the key competencies you will need, the salary and job prospects in both of these. The **Activities and Competencies** tools can be used to record your evidence and show how you are developing your employability skills. You will need a CV at some point, use the **CV builder** to create your own demonstrating your strengths and qualities. Finally use the **University and Apprenticeship search tools** to research different degree programmes, universities and apprenticeship programmes.

Keeping Safe and Healthy

Follow the government guidance for **social distancing**.

- Avoid contact with someone who is displaying symptoms of coronavirus (COVID-19). These symptoms include high temperature and/or new and continuous cough
- Avoid non-essential use of public transport.
- Avoid large gatherings, and gatherings in smaller public spaces such as meeting friends in parks, hanging out on the street or up City.
- Avoid gatherings with friends and extended family. Keep in touch using remote technology such as phone, internet, and social media.

Set yourself a challenge

Physical and mental wellbeing is important. Set yourself a physical goal to achieve each day.

Try the following:

- 30 seconds of sit ups
- 30 seconds of jogging on the spot
- 30 seconds of push ups
- 30 seconds of jogging on the spot
- 30 seconds of burpees
- 30 seconds of squats
- 30 seconds of jogging on the spot
- 30 seconds of lunges
- 30 seconds of jogging on the spot
- 30 seconds of plank
- Rest 2 minutes

This will take you 5 minutes. Repeat this circuit 3 – 5 times in total.

Log into YouTube and try one of the following 10 minute work outs. You don't need any equipment, just a little space:

- Fun Circuit for Kids <https://www.youtube.com/watch?v=xj7TQ6xTjnU>
- Cardiovascular and abdominals workout <https://www.youtube.com/watch?v=fvlnJpt9FDU>
- High intensity work out https://www.youtube.com/watch?v=yv2XE_Ut3KU

Websites to Support Home Learning

For subject specific information, please see The Hazeley Academy Website:

<https://www.thehazeleyacademy.com/page/?title=Subjects+%28inc+FLIPs+information%29&pid=77>

Khan Academy

<https://www.khanacademy.org>

Gojimo

<http://www.gojimo.com/>

The UKs most popular revision app.

Hegarty Maths

<https://hegartymaths.com/>

Everything Maths!

Sparknotes

<https://www.sparknotes.com/>

Revision guides for Shakespeare, Literature, history, maths, biology and more.

BBC Learning

<http://www.bbc.co.uk/learning/coursesearch/>

This site is old and no longer updated and yet there's so much still available, from language learning to BBC Bitesize for revision. No TV licence required except for content on BBC iPlayer.

Futurelearn

<https://www.futurelearn.com>

Free to access 100s of courses, only pay to upgrade if you need a certificate in your name (own account from age 14+ but younger learners can use a parent account).

Seneca

<https://www.senecalearning.com>

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