

Hazeley Life Skills PSHE (Personal, Social and Health Education) & RSE (Relationships and Sex Education) Curriculum 2022 – 2023

	Date	Period	7	8	9	10	11	12	13
1	19/9	Mon 1	Transition part 1	RSE – relationship values	RSE – respectful relationships	Careers	STUDY SKILLS	Mental health and emotional wellbeing Building confidence and assertiveness	Independence - Healthy living
2	3/10	Mon 2	Wellbeing – growing up and change	Metacognition – using online tools to make a great start to GCSEs – COMPUTER ROOM	Online safety – social media	RSE – intimate relationships	Online safety – using social media	Living in the wider world Finance & budgeting for Uni etc.	RSE – choices and fertility, pregnancy and legal considerations on abortion
3	17/10	Mon 3	Wellbeing Managing emotions	Keeping safe – the dangers of smoking	RSE – freedoms and capacity to consent	Metacognition – using online tools to make a great start to GCSEs – COMPUTER ROOM	RSE – family conflict	Readiness for work Finance and the world of work	Financial choices Managing money, budgeting, saving
4	8/11	Tues 1	RSE – puberty and emotional changes	Careers	Keeping safe – Home office preventing knife crime	Wellbeing – emotional and mental health	RSE – healthy relationships and commitment	Mental health and emotional wellbeing	Wellbeing - mental health and suicide prevention; testicular/prostate cancer; masculinity
5	22/11	Tues 2	Careers	RSE – relationship expectations and sexual respect	Metacognition – using online tools to make a great start to GCSEs – COMPUTER ROOM	RSE – impact of pornography	Families – legal and forced marriage	Equality and diversity	Equality and diversity
6	6/12	Tues 3	RSE – menstrual wellbeing	Wider world – listening skills	Careers	Body image – digital world	RSE – sexual health and parenthood	Respectful relationships Consent	Finance - taxation and how aspects of economy are controlled by government
7	11/1	Wed 1	STUDY SKILLS	STUDY SKILLS	STUDY SKILLS	STUDY SKILLS	Careers	Intimate relationships – contraception and parenthood	Careers

8	25/1	Wed 2	Financial awareness Economy and me	Body image and self-esteem	Keeping safe - smoking	Finance - cybercrime	Careers	Politics	Politics
9	8/2	Wed3	RSE – healthy and unhealthy relationships	RSE – sexual orientation and gender identity	RSE – sexual health	RSE – consent and coercion	RSE – pregnancy outcomes	Careers	Wider world – social enterprise
10	2/3	Thur1	Careers	Wider world – combatting discrimination	Wider world - employability skills	Keeping safe and managing risk – gangs and urban culture	Wellbeing – personal values and actions	Health and wellbeing – positive mindset and coping strategies	STUDY LEAVE
11	16/3	Thur2	Finance – Bank of England, economy and making informed choices	Wellbeing – building self-confidence	Wellbeing – anti-bullying	Wellbeing – positive relationships	Healthy relationships – personal safety	Healthy relationships – reflections on interpersonal skills	Metacognition – how do I reflect on my PPEs?
12	30/3	Thur3	Hazeley Day of Culture						
13	21/4	Fri 1	Online safety - cyberbullying	Careers	Online safety - sexting	Finance – gambling awareness	RSE – pregnancy choices	Building and maintaining relationships including online safety	REVISION – subject specific topics
14	5/5	Fri 2	RSE – managing conflict	RSE – consent and avoiding assumptions	RSE - contraception	RSE – managing relationships	REVISION – subject specific topics	Careers	REVISION – subject specific topics
15	19/5	Fri 3	Mental health – self esteem and life online	Keeping safe – Home Office resource prevent – unsafe friendships	Keeping safe – alcohol awareness	Careers	STUDY LEAVE	Living in the wider world Interpersonal skills – managing social situations	STUDY LEAVE
16	12/6	Mon1	Wellbeing – healthy sleep patterns	Keeping safe – Home Office resource prevent – risks of serious organised crime	Relationships - consent	Positive mindset – role models		STUDY LEAVE	
17	27/6 6 th form induction	Tues 1	RSE – intro to consent	RSE – intro to contraception	RSE – managing the end of relationships	RSE – relationship abuse		INDUCTION	

18	28/6 6 th form induction	Wed 1	Emotional wellbeing - friendships	Online safety – dealing with social media stress	Careers	Keeping safe – Home Office knife free	INDUCTION
19	10/7	Mon 2	Metacognition – how have I developed as a learner?	Metacognition – how have I developed as a learner?	Metacognition – how have I developed as a learner?	Metacognition – how have I developed as a learner?	Metacognition – how have I developed as a learner?