



COVID-19 Advice – 21 November 2020

Dear Parents and Carers,

You will recall that two weeks ago a Year 11 student tested positive for COVID-19. You will be pleased to know that the student concerned has now recovered, added to this the 14-day incubation period is now over and none of the close contacts have gone on to contract the virus. The last of the students isolating due to this case will be returning on Monday.

This episode along with the previous cases provides reassurance that the controls we have in place, and most importantly the way in which people are following them, is effective in reducing the risks of in-school transmission.

This week we have had four confirmed cases in Year 12 - all students involved are safely isolating at home, as are the associated close contacts. This does provide a reminder that we are far from over the “bumpy” period. A vaccine may be on its way, and we are part way through a national lockdown, but cases in Milton Keynes are still relatively high.

We will continue to closely monitor the situation and remain in contact with the Department for Education and Public Health England. If they offer any additional directives in the coming days, we will implement these and update you further.

We always knew this period would not be easy, but there is definitely light at the end of the tunnel, but only if we all continue playing our part by following the Government guidance, remaining vigilant for symptoms and, as importantly, supporting each other and our children to do the same.

A reminder of what to do if your child develops symptoms of COVID-19 can be found below.

Keep safe and enjoy your weekend.

Kind regards,
Mr Nelson

To inform Hazeley of a positive test result contact our COVID-19 hotline 07387 064221

For more advice on COVID-19, please see the details below or visit <https://www.gov.uk/coronavirus>

What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for at least **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 14 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

The 14-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 14 days will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>