



FOOD & NUTRITION: SUMMER HOMEWORK

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FOOD around THE WORLD: FOCUS ON religion & CULTURE



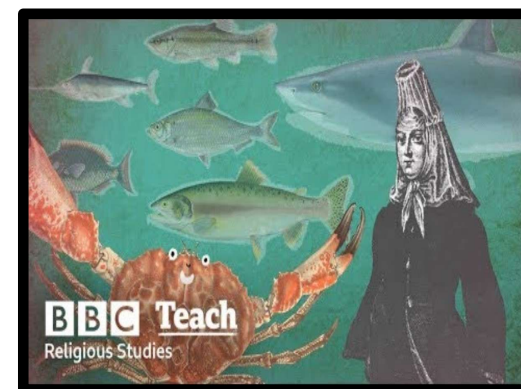
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WHAT SCHOOL
LUNCH LOOKS LIKE
AROUND THE WORLD

Choose a **country** or **religion**. Present the following:

- Identify and explain the **distinctive features** and **ingredients** of its cuisine
- Identify the **equipment** and **cooking methods** commonly used.
- Plan and cook a **main meal dish** that celebrates the cuisine of the country or religion
- Demonstrate the use of different ingredients including **herbs and spices** to enhance the flavours of a dish
- Produce a **Timeplan** for your chosen cuisine and explain how **food choices** can be related to different cultural or religious **influences**.



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K IS FOR KOSHER
A TO Z OF RELIGION
AND BELIEFS



Growing a vibrant community of exceptional people
by developing character, confidence, and creativity
by growing through taking part, volunteering, and getting to know ourselves and each other.

