



# Curriculum Policy

## SEX AND RELATIONSHIPS EDUCATION

Last reviewed: July 2019  
Person Responsible: CEO

## **Policy Implementation**

Students need high quality sex and relationships education (SRE) so they can make wise and informed choices. SRE is the lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity, this would be inappropriate teaching.

We aim to encourage students to develop a healthy, mature and responsible attitude towards sexual behaviour and human relationships. The objectives of Sex Education are to inform students of the physical aspect of human reproduction and of the responsibility involved in sexual behaviour so they can make informed choices.

Parents/carers who have informed the academy that they do not wish their children to participate will be reminded at least one week before any sex and relationships modules commences by letter, which must be signed and returned. Parents/carers will then be given the opportunity to examine the lesson outlines and if they wish, have the opportunity to withdraw their child from all or part of the lesson.

Any issues regarding child protection or safeguarding which may become apparent during a curriculum module will be reported to the designated safeguarding lead and unconditional confidentiality will not be offered in line with Child Protection and safeguarding procedures.

Consideration will be taken of parents'/carers' wishes, particularly where these are based upon strong moral and/or religious principles. It has three main elements:

### **Attitudes and values**

- Learning the importance of values and individual conscience and moral considerations.
- Learning the value of family life and stable and loving relationships for the nurture of children.
- Learning the value of respect, love and care.
- Exploring, considering and understanding moral dilemmas.
- Developing critical thinking as part of decision-making.

### **Personal and social skills**

- Learning to manage emotions and relationships confidently and sensitively.
- Developing self-respect and empathy for others.
- Learning to make choices based on an understanding of difference and with an absence of prejudice.
- Developing an appreciation of the consequences of choices made
- Managing conflict.
- Learning how to avoid exploitation and abuse.

### **Knowledge and understanding**

- Learning and understanding physical development at appropriate stages.
- Understanding human sexuality, reproduction, sexual health, emotions and relationships.
- Learning about contraception and the range of local and national sexual health advice, contraception and support services.
- Learning the reasons for delaying sexual activity and the benefits to be gained from such delay.